

Spirit Communication

Healing Contact with Loved Ones Who Have Passed

With Jeremy R. Werner, L.Ac., CST, Evidential Medium

What is Spirit Communication?

Spirit Communication is a sacred form of mediumship to contact Spirit Communicators – namely ancestors, family members, friends and other loved ones who have passed, including beloved pets. Sometimes we may need their direct support or guidance to resolve problems, complete karma, grieve losses, move through life transitions or show us new paths toward greater personal growth and healing. At other times, they need to contact us for similar reasons and to convey important messages.

The process of Spirit Communication unfolds through the clear intention to make contact with the Spirit World, the willingness to experience this contact and the desire to relate with those contacted. An open and receptive Heart and Mind are necessary for clear, accurate and healing communications.

During a private Spirit Communication session, we enter into Sacred Circle together and call in those Spirit Communicators who have messages for you. Information and insight may come through words, clairvoyant vision or direct contact through the physical and psychic senses. Questions may be answered and pertinent information about your own body, energy fields and life may be revealed.

What happens during a Spirit Communication session?

1. Each session is completely confidential and takes place within a private healing environment. The session may be recorded at your own discretion.
2. While Spirit Communication is based on the understanding that consciousness continues after physical death, it does not require belief in any religion or spiritual practice. Instead, you are encouraged to find your own truth through your direct life experience.
3. Spirit Communicators may come when called and at other times may not. We respect free will and do not force the appearance of loved ones. Instead, we invite them to appear and respect their choice to respond.
4. If a loved one has recently passed, it is generally recommended to wait for at least 4 weeks before having a session to allow yourself time to grieve and time for your loved one to adjust to being in the Spirit World. Exceptions to this are possible, of course, and you are encouraged to follow your own Heart and intuition when deciding the right time for a sitting.
5. Once contact with a loved one is made, I open to receive as much clear evidence about the person as possible to identify who the loved one is. Examples of evidence include

the person's name, appearance, occupation, cause of death, hobbies, place of residence or other distinguishing features, such as associated objects, fragrances or mannerisms.

6. All information is shared candidly as I receive it. This information is obtained through clairvoyance (seeing images), clairaudience (hearing words), clairsentience (feelings, sensations, intuition) and claircognizance (innate knowing). While 100% accuracy cannot be guaranteed, the goal is to receive enough evidence to show the continuity of life after death and to share any meaningful messages from your loved ones.
7. Spirit Communication and the receipt of spirit messages may elicit feelings, memories, physical sensations (such as temperature changes) and a deeper healing process. These are normal experiences and are not harmful. If you find that you need additional care and support to process and integrate your experience, please contact those practitioners whom you trust to provide you with the help you need.
8. Spirit Communication is a method of mental mediumship through which contact with a Spirit Communicator is made through my own mind. The mind and energy of the Spirit blends with my own to create a bridge between our waking world and the Spirit World. I am fully conscious and present in the body during the session. This method is different from trance mediumship by which a Spirit enters and controls the body of the medium to speak and convey messages and from physical mediumship by which Spirits manifest physical phenomena using the energy of the medium.
9. Other Beings such as personal Spirit Guides or even Angels may appear to oversee the session and offer additional messages, healing or blessings. Their presence has a different quality than that of Spirit Communicators and may be experienced as a vibration in the room, electrical sensations or a greater sense of love and peace.

Spirit Communication provides an opportunity for deep healing and for the expansion and development of consciousness about oneself, life and a greater reality. Through contact with our loved ones who have passed, we may find the closure we need to move on with our lives and to live with greater clarity, purpose and meaning.

Thank you for the opportunity to sit with you in Spirit, and I look forward to our time together.

~ Jeremy

If you have questions or need more information about Spirit Communication, please contact Jeremy R. Werner, L.Ac., CST at (520) 971-8200 or by email at jeremy@earthspiritmedicine.net.