

# Evidential Mediumship

*A Reunion with Loved Ones Who Have Passed*

*With Jeremy R. Werner, L.Ac., CST, Spiritual Medium*

Hello, and thank you for the opportunity to be with you and your Loved Ones in Spirit! It is an honor to work with you as a Spiritual Medium, and I would like to share with you the following information to help you understand what a mediumship sitting is so that you may have the best experience possible.

## **What is Evidential Mediumship?**

Evidential Mediumship is the practice of communicating with your Loved Ones in Spirit (namely family members, friends, colleagues and other Loved Ones who have passed, including beloved pets) and sharing their memories, stories and messages with you. An open and receptive Heart and Mind are important for clear, accurate communications, and this provides a loving opportunity for healing for both Worlds, for both you and your Loved Ones in Spirit.

## **What happens during a mediumship sitting?**

1. Each session is completely confidential, and we meet on Zoom within a private healing environment. The session may be recorded if you wish.
2. While mediumship is based on the understanding that consciousness continues after physical death, it does not require belief in any religion or spiritual practice. Instead, you are encouraged to find your own truth through your direct life experiences.
3. Your Loved Ones in Spirit who are ready to communicate may join us to share in a joyful reunion! We respect free will and respect their choice to respond to our invitation. If the Loved Ones you wish to speak with do not come forward, this does not mean that they are not with you nor love you. Instead, it may mean that the timing is not right or that I am not the right medium for them to work with. It's important to stay open to the experience as it unfolds.

4. If a Loved One has recently passed, it is generally recommended to wait for at least 4 weeks before having a session to allow yourself time to grieve and time for your Loved One to adjust to being in the Spirit World. Exceptions to this are possible, of course, and I encourage you to follow your own Heart and intuition when deciding the right time for a sitting.
5. Once contact with a Loved One is made, I will share with you as much clear evidence as possible to identify who your Loved One is. Examples of evidence include your Loved One's personality, occupation, cause of death, hobbies, place of residence or other distinguishing features. As the sitter, it is important to say only yes, no or I don't know rather than reveal specific personal information about your Loved One. This will help me to know that I am communicating with your Loved One. Also, while I cannot guarantee 100% accuracy, the goal is to receive enough evidence to identify who your Loved One is and to show the continuity of life after death.
6. As a Spiritual Medium, I am able to communicate mediumistically with your Loved Ones in Spirit and also to read your own aura and energy psychically. If I do go psychic during the sitting, I will tell you so that you know that the information is coming from me rather than from your Loved One.
7. The clarity and depth of Spirit communications may vary for different reasons, so if you are not satisfied with the sitting within the first 10 minutes, you may end the session and receive a full refund.
8. Communication with your Loved Ones in Spirit through mediumship may elicit feelings, memories, physical sensations (such as temperature changes) and a deeper healing process. These are normal experiences and are not harmful. If you find that you need additional care and support to process and integrate your experience, please contact those practitioners whom you trust to provide you with the help you need. If you need specific references, I am happy to provide them.
9. Finally, Loved Ones in Spirit may sometimes bring guidance or advice. If you went to them for this in life, then you may feel this same support from them in Spirit. Please keep in mind that you always have free will, so work with any guidance you receive in the ways that are best for you.

Evidential Mediumship provides an opportunity for deep healing and for the expansion and development of consciousness about oneself, life and a greater reality. Through communication with your Loved Ones who have passed, we celebrate their lives and share in a spiritual experience that may bring greater clarity, resolution, purpose and meaning to both you and your Loved Ones in Spirit. I look forward to our time together!

*If you have questions or need more information about Evidential Mediumship, please contact Jeremy R. Werner, L.Ac., CST, Spiritual Medium at (520) 971-8200 or by email at [jeremy@earthspiritmedicine.net](mailto:jeremy@earthspiritmedicine.net).*